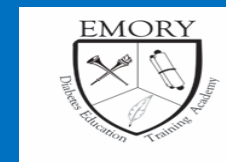


## 2nd INTERNATIONAL DIABETES EXPERTS CONCLAVE 2018

25th, 26th & 27th MAY 2018, Pune

Venue: Westin Hotel, Pune



### SCIENTIFIC PROGRAM DAY 1: 25th May 2018

| HALL A           |  |                                 |                     | HALL B           |  |                                |                    |
|------------------|--|---------------------------------|---------------------|------------------|--|--------------------------------|--------------------|
| TIME             | TOPIC  | SPEAKER                         | MODERATOR/S         | TIME             | TOPIC  | SPEAKER                        | MODERATOR/S        |
| 9.00 am onwards  | <b>REGISTRATIONS</b>   |                                 |                     |                  |  |                                |                    |
| 10.00 - 12.00 pm | <b>WORKSHOP - 1</b>  |                                 |                     | 10.00 - 12.00 pm | <b>WORKSHOP - 2 in RENEW HALL</b>  |                                |                    |
|                  | <b>LIFESTYLE MANAGEMENT WORKSHOP</b>   |                                 |                     |                  | <b>RESEARCH AND YOU</b>  |                                |                    |
|                  | Exercise prescription  | Ashish Contractor               | Nitin Patankar      |                  | Clinical studies in a private clinic-what can you do?  | Shubhangi Desai, Sneha Nair    |                    |
|                  | Identifying behaviours   | Sukhada Chimote                 |                     |                  | Clinical Research Methodology-the basics   | Swapna Sahoo, Deeksha Malhotra |                    |
|                  | Best dietary practices - the easy way to counsel                                       | Archana Rairikar/Nitin Patankar |                     |                  | Biostatistics-basic understanding  | Varun Sharma                   |                    |
|                  |  |                                 |                     |                  | Medical writing and publishing skills  | Prashant Dass, Ravindra BK     |                    |
| 12.00 - 01.15 pm | <b>PRACTICE BASED SYMPOSIUM 1 - THYROID</b>  |                                 |                     | 12.00 - 12.45 pm | <b>CASE BASED SYMPOSIUM 1</b>  |                                |                    |
| 12.00 - 12.15 pm | Thyroid cases  | Vijay Negalur                   | JJ Mukherjee        |                  |  | A G Unnikrishnan               | A G Unnikrishnan   |
| 12.15 - 12.45 pm | Subclinical hypothyroidism - new insights  | Guillermo Umpierrez             | B B Harshe          | 12.00 - 12.40 pm | Difficult to classify diabetes types   | Vinod Mittal                   |                    |
| 12.45 - 01.05 pm | Thyroid- Diabetes link   | JJ Mukherjee                    | Uma Divate          |                  |  | Tejas Shah                     |                    |
| 01.05 - 01.15 pm | <b>Q and A</b>   |                                 |                     | 12.40 - 12.45 pm | <b>Q and A</b>   |                                |                    |
|                  |  |                                 |                     |                  | <b>LECTURE</b>   |                                |                    |
|                  |  |                                 |                     | 12.45 - 01.05 pm | Glycemic Pentad  | Sanjay Agarwal                 | Brig. K Satyanand  |
| 01.15 - 01.30 pm | <b>WORKING LUNCH</b>   |                                 |                     |                  |  |                                |                    |
| 01.30 - 03.00 pm | <b>KEYNOTE LECTURES</b>  |                                 |                     |                  |  |                                |                    |
| 01.30 - 02.10 pm | DM and cardiovascular disease: from UGDP to SUSTAIN 6 - what have we learnt?           |                                 |                     |                  |  | Sunder Mudaliar                | Anant Nigam        |
| 02.10 - 02.50 pm | Interventions that can change the life of a diabetic                                   |                                 |                     |                  |  | Banshi Saboo                   | Jothydev Kesavadev |
| 02.50 - 03.00 pm | <b>Q and A</b>   |                                 |                     |                  |  |                                |                    |
|                  |  |                                 |                     |                  |  |                                |                    |
| 03.00 - 04.25 pm | <b>POINTS OF VIEW - 1</b>  |                                 |                     | 03.00 - 04.00 pm | <b>PRACTICE BASED SYMPOSIUM 2 - TYPE 1 DIABETES</b>  |                                |                    |
|                  | <b>What makes the SGLT 2 inhibitors tick?</b>  |                                 |                     |                  | <b>Best practices in the "best setting"</b>  |                                |                    |
| 03.00 - 03.30 pm | Hemodynamic Theory   | Vivian Fonseca                  | Guillermo Umpierrez |                  | <b>Best practices in "resource poor setting"</b>   |                                |                    |
| 03.30 - 04.00 pm | Fuel Energetics Hypothesis   | Sunder Mudaliar                 | Benny Negalur       |                  | <b>Patient experiences</b>   |                                |                    |
| 04.00 - 04.15 pm | Summing up   | Guillermo Umpierrez             |                     | 04.00 - 05.40 pm | <b>LECTURE SERIES - DPP 4 INHIBITORS</b>   |                                |                    |
| 04.15 - 04.25 pm | <b>Q and A</b>   |                                 |                     | 04.00 - 04.20 pm | DPP 4 Inhibitors - Therapeutic promise delivered - A case based perspective                      | Anant Nigam                    | Banshi Saboo       |
| 04.25 - 05.45 pm | <b>POINTS OF VIEW - 2</b>  |                                 |                     | 04.20 - 04.40 pm | Holistic picture in T2DM management  | J J Mukherjee                  | B B Harshe         |
|                  | <b>To give or not to give, that is the question: HRT (Hormone Replacement Therapy)</b> |                                 |                     | 04.40 - 05.00 pm | Finding The Right partner For Metformin: Connecting Drug Attributes With Specific Patient Needs" | Shailaja Kale                  |                    |
| 04.25 - 04.45 pm | To give  | Nitin Kapoor                    | Vivian Fonseca      | 05.00 - 05.30 pm | Type 2 DM with renal co-morbidity (focus on DPP 4)   | Guillermo Umpierrez            |                    |
| 04.45 - 05.05 pm | Not to give  | A G Unnikrishnan                |                     | 05.30 - 05.40 pm | <b>Q and A</b>   |                                |                    |
| 05.05 - 05.35 pm | APPROPRIATE HRT : role in DM and heart disease   | Vivian Fonseca                  |                     | 06.00 - 06.30 pm | <b>KEYNOTE LECTURE</b>   |                                |                    |
| 05.35 - 05.45 pm | <b>Q and A</b>   |                                 |                     |                  | <b>Heart Failure and Diabetes - the link</b>   |                                |                    |
| 05.45 - 07.30 pm | <b>LECTURE SERIES</b>  |                                 |                     |                  |  | Allison Goldfine               | S R Aravind        |
| 05.45 - 06.10 pm | Newer technological advances in therapy of diabetes                                    | Jothydev Kesavadev              | Suhas Erande        |                  |  |                                | Sanjay Reddy       |
| 06.10 - 06.35 pm | Measures to restore insulin secretion-a strategic approach                             | Manoj Chawla                    | Sanjiv Indurkar     | 06.30 - 07.30 pm | <b>PRACTICE BASED SYMPOSIUM 3 - WHAT WE SHOULD KNOW, WHAT SHOULD WE TELL PATIENTS</b>            |                                |                    |
| 06.35 - 07.00 pm | Post Empareg - what have we learnt?  | Rajiv Kovil                     | A L Kakrani         | 06.30 - 06.50 pm | Herbal/alternative Medicines   | Nitin Patankar                 | Archana Sarda      |
| 07.00 - 07.20 pm | Strategies to reduce inflammation in metabolic disease                                 | Anuj Maheshwari                 |                     | 06.50 - 07.10 pm | Generic Medicines  | Suresh Shinde                  | Sachin Chittawar   |
| 07.20 - 07.40 pm | Early intensification of therapy with SGLT2 I combination for CV benefit               | Mangesh Tiwaskar                |                     | 07.10 - 07.30 pm | Social media/internet posts  | A G Unnikrishnan               | Arundhati Diwan    |
| 07.40 - 07.45 pm | <b>Q and A</b>   |                                 |                     |                  |  |                                |                    |

**SCIENTIFIC PROGRAM DAY 2: 26th May 2018**

| <b>HALL A</b>                           |  |                         |                     | <b>HALL B</b>            |  |   |                        |
|---|--|-------------------------|---------------------|--------------------------|--|---|------------------------|
| TIME                                    | TOPIC  | SPEAKER                 | MODERATOR/S         | TIME                     | TOPIC  | SPEAKER   | MODERATOR/S            |
| <b>LECTURE SERIES - REFOCUS ON OADs</b> |  |                         |                     | <b>LECTURE SERIES</b>    |  |   |                        |
| 09.00 - 09.20 am                        | Indian diabetics: why modern SUs will retain their position            | Mangesh Tiwaskar        | Santosh Malpani     | 09.00 - 09.20 am         | Link between inflammation and diabetes   | Bhavana Sosale  | Deepak Bhosale         |
| 09.20 - 09.40 am                        | Unleashing the legacy story in diabetes management                     | Anil Bhansali           | Sanjay Sirdeshpande | 09.20 - 09.40 am         | Biotech innovation in diabetes landscape: voyage from clinical trials to real world evidence | S R Aravind   | Hardik Chandarana      |
| 09.40 - 10.10 am                        | The special EDGE of modern SUs   | Sujoy Ghosh             |                     | 09.40 - 10.00 am         | HCQ in diabetes treatment  | Jayant Panda  |                        |
| <b>10.15 - 12.30 pm</b>                 | <b>KEYNOTE LECTURES</b>  |                         |                     | <b>KEYNOTE LECTURES</b>  |  |   |                        |
| 10.15 - 11.00 am                        | Diabetic Nephropathy - an update                                       |                         |                     |                          |  | George Bakris   | S R Aravind            |
| 11.00 - 11.45 am                        | Insulin Resistance, Type 2 diabetes and CVD: The missing links         |                         |                     |                          |  | Ralph De Fronzo   | D B Kadam              |
| 11.45 - 12.30 pm                        | Lipid lowering - an update   |                         |                     |                          |  | Vivian Fonseca  | Sanjay Gandhi          |
| <b>12.30 - 01.15 pm</b>                 | <b>POINTS OF VIEW - 3</b>  |                         |                     | <b>12.30 - 01.15 pm</b>  | <b>POINTS OF VIEW - 4</b>  |   |                        |
|   | <b>Which diets to achieve good metabolic health?</b>                   |                         |                     |                          | <b>Root cause of type 2 diabetes</b>   |   |                        |
| 12.30 - 12.50 pm                        | Fat restriction  | Chitra Selvan           | Anjali Bhatt        | 12.30 - 12.50 pm         | Liver  | Shreerang Godbole                                       | A H Zargar             |
| 12.50 - 01.10 pm                        | Carbohydrate restriction   | Neeta Deshpande         | Tejas Shah          | 12.50 - 01.10 pm         | Pancreas   | Sanjiv Shah   | Benny Negalur          |
| 01.10 - 01.15 pm                        | Summing up   | Anjali Bhatt            |                     | 01.10 - 01.15 pm         | Summing up   | A H Zargar  |                        |
| <b>01.15 - 01.30 pm</b>                 | <b>WORKING LUNCH</b>   |                         |                     | <b>WORKING LUNCH</b>     |  |   |                        |
| <b>01.15 - 02.45 pm</b>                 | <b>WORKSHOP 3 in RENEW HALL (BOXED LUNCH AVAILABLE)</b>                |                         |                     | <b>01.15 - 02.45 pm</b>  | <b>WORKSHOP 4 In KANGAN (BOXED LUNCH AVAILABLE)</b>  |   |                        |
|   | <b>Starting an OSTEOPOROSIS CLINIC</b>                                 |                         | Chitra Selvan       |                          | <b>Starting a CGMS CLINIC</b>  |   | Manoj Chawla           |
|   |  | Chitra Selvan           |                     |                          |  | Manoj Chawla  |                        |
|   |  | Nitin Kapoor            |                     |                          |  | Rajiv Kovil   |                        |
| <b>01.30 - 03.15 pm</b>                 | <b>LECTURE SERIES - NEW FRONTIERS</b>                                  |                         |                     | <b>01.30 - 03.00 pm</b>  | <b>LECTURE SERIES - HOLISTIC PERSPECTIVES</b>  |   |                        |
| 01.30 - 02.00 pm                        | Beyond Type 1 and type 2 diabetes - focus on secondary diabetes        | Shashank Joshi          | Lily Rodrigues      | 01.30 - 02.00 pm         | Diabetes prevention in 2018 - a look back and a look ahead                                   | Sunder Mudaliar   | Sanjiv Shah            |
| 02.00 - 02.20 pm                        | Endocrine hypertension   | Mala Dharmalingam       | Amit Saraf          | 02.00 - 02.20 pm         | The ageing process - can it be made healthier  | M A Shekhar   | Purvi Chawla           |
| 02.20 - 02.40 pm                        | Are diabetics really in the "pink" of health - underscoring anemia     | Anil Bhoraskar          | Mukund Penurkar     | 02.20 - 02.40 pm         | Global dimensions of obesity and DM: where are we heading?                                   | A H Zargar  | Narayan Deogaonkar     |
| 02.40 - 03.00 pm                        | Statin intolerance: the controversy and the alternatives               | J C Mohan               |                     | 02.40 - 03.00 pm         | Unattainable HbA1c goals - who/what takes the blame?   | S R Aravind   |                        |
| 03.00 - 03.15 pm                        | <b>Q and A</b>   |                         |                     | 03.00 - 03.15 pm         | <b>Q and A</b>   |   |                        |
| <b>03.15 - 03.55 pm</b>                 | <b>PANEL DISCUSSION</b>  |                         |                     | <b>03.15 - 04.00 pm</b>  | <b>PANEL DISCUSSION</b>  |   |                        |
|   | <b>DESIGNING INSULIN THERAPY-ULTIMATE CUSTOMIZATION</b>                |                         | Sanjay Agarwal      |                          | <b>HEART FAILURE</b>   |   |                        |
|   |  | Manoj Chawla            |                     |                          | Translating evidence to practice   | Uday Jadhav   | Sunil Sathe            |
|   |  | Banshi Saboo            |                     |                          |  | Valentine Lobo  |                        |
|   |  | Guillermo Umpierrez     |                     |                          |  | Shreerang Godbole                                       |                        |
|   |  | Vivian Fonseca          |                     |                          |  |   |                        |
|   |  | Sunder Mudaliar         |                     |                          |  |   |                        |
| <b>03.55 - 06.15 pm</b>                 | <b>KEYNOTE ADDRESSES</b>   |                         |                     | <b>KEYNOTE ADDRESSES</b> |  |   |                        |
| 03.55 - 04.15 pm                        | Acknowledging the legends  |                         |                     |                          |  |   |                        |
| 04.15 - 04.55 pm                        | Optimizing Cardio metabolic legacy in T2DM - exploring newer synergies | Ralph De Fronzo         | Sujoy Ghosh         |                          |  |   |                        |
| 04.55 - 05.40 pm                        | Blood pressure guidelines - the different perspectives                 | George Bakris           | Shashi Sangle       |                          |  |   |                        |
| 05.40 - 06.15 pm                        | Diabetic Neuropathy - a reappraisal                                    | Shaukat Sadikot         | Rajiv Kovil         |                          |  |   |                        |
| <b>06.15 - 07.30 pm</b>                 | <b>LECTURE SERIES - LIVER AT THE HEART OF THE MATTER</b>               |                         |                     | <b>05.40 - 07.10 pm</b>  | <b>PRACTICE BASED SYMPOSIUM 4</b>  |   |                        |
| 06.15 - 06.45 pm                        | Diabetes is a liver disorder   | Shiv Sarin              | Shiv Sarin          |                          | <b>TECHNOLOGY: THE PRODUCTS, THE DOCTOR AND THE FUTURE</b>                                   |   |                        |
| 06.45 - 07.05 pm                        | Incidental USG report-Fatty liver : what next?                         | Nitin Kapoor            | Col K K Ashta       | 05.40 - 05.50 pm         | Digital Lifestyle management Coach   |   |                        |
| 07.05 - 07.25 pm                        | NAFLD in type 2 diabetes:Therapeutic choices                           | Altamash Shaikh         |                     | 05.50 - 06.00 pm         | Artificial Intelligence based retinopathy screening  |   |                        |
| 07.25 - 07.30 pm                        | SUMMING UP   |                         |                     | 06.00 - 06.10 pm         | E records  |   |                        |
| <b>07.30 - 08.15 pm</b>                 | <b>OPEN FORUM ON HOT TOPICS</b>  |                         |                     | 06.10 - 06.20 pm         | All in one Neuro Touch   |   |                        |
|   |  | <b>Overseas Faculty</b> | Vijay Negalur       | 06.20 - 06.30 pm         | Life in control : shared platform  |   |                        |
|   |  | Brij Makkar             | Sanjay Agarwal      | 06.30 - 06.40 pm         | Basal titration app  |   |                        |
|   |  | J J Mukherjee           | Neeta Deshpande     | 06.40 - 07.10 pm         | <b>PANEL DISCUSSION : TECHNOLOGY: IS OUR DATA SAFE? WHAT IS THE DOCTOR'S FUTURE?</b>         | Suresh Shinde, Abhishek Shah, Anand Sivaraman, speakers | Sanjiv Shah, Alok Modi |
|   |  | Banshi Saboo            | Anjali Bhatt        | <b>07.10 - 07.45 pm</b>  | <b>CASE BASED SYMPOSIUM 2</b>  |   |                        |
|   |  |                         |                     |                          | DIFFICULT TO TREAT GDM CASES   | Santosh Malpani   | Sunil Gupta            |
|   |  |                         |                     |                          |  | Bhavana Sosale  |                        |
|   |  |                         |                     |                          |  | Purvi Chawla  |                        |

**SCIENTIFIC PROGRAM DAY 3: 27th May 2018**

| <b>HALL A</b>    |   |   |                     | <b>HALL B</b>    |  |                  |                 |
|------------------|---|---|---------------------|------------------|--|------------------|-----------------|
| TIME             | TOPIC   | SPEAKER   | MODERATOR/S         | TIME             | TOPIC  | SPEAKER          | MODERATOR/S     |
| 08.00 - 09.20 am | <b>PRACTICE BASED SYMPOSIUM 5 - PRACTICE PEARLS ON INSULIN</b>              |   |                     | 08.00 - 09.20 am | <b>WORKSHOP 5</b>  |                  |                 |
|                  | <b>INSULIN IN DIFFICULT SITUATIONS</b>                                      |   |                     |                  | <b>Starting a DIABETIC FOOT CLINIC</b>                   | Sunil Kari       | Sunil Kari      |
|                  | DKA,HHS   | Rajiv Kovil   | Guillermo Umpierrez |                  | (IN COLLABORATION WITH ZAP PROJECT)                      | Benny Negalur    |                 |
|                  | End organ failure and transplant  | Sanjay Reddy  | Rajiv Kovil         |                  |  | Sonali Patange   |                 |
|                  | Extreme high doses of insulin - how to manage?                              | Guillermo Umpierrez   |                     |                  |  |                  |                 |
|                  | Patients on insulin antagonists-steroids, inotropes, etc                    | Arvind Gupta  |                     |                  |  |                  |                 |
|                  | Diabetes with pregnancy   | Rucha Mehta   |                     |                  |  |                  |                 |
|                  | Labile type 1 diabetes  | Archana Sarda   |                     |                  |  |                  |                 |
| 09.20 - 10.10 am | <b>POINTS OF VIEW - 5</b>   |   |                     | 09.20 - 10.10 am | <b>POINTS OF VIEW - 6</b>                                |                  |                 |
|                  | <b>Obesity should be treated in "fat but fit" individuals</b>               |   |                     |                  | <b>Metformin should remain the 1st line of treatment</b> |                  |                 |
| 09.20 - 09.40 am | Yes   | Brij Makkar   | Anoop Misra         | 09.20 - 09.40 am | Yes  | Hemant Thacker   | Sunder Mudaliar |
| 09.40 - 10.00 am | No  | Rucha Mehta   |                     | 09.40 - 10.00 am | No   | Anjana Mohan     |                 |
| 10.00 - 10.10 am | INTERACTION AND VERDICT   | Anoop Misra   |                     | 10.00 - 10.10 am | INTERACTION AND VERDICT                                  | Sunder Mudaliar  |                 |
| 10.10 - 12.40 pm | <b>KEYNOTE LECTURES</b>   |   |                     |                  |  |                  |                 |
| 10.10 - 10.45 am | Post prandial hyperglycemia - why should we care?                           |   |                     |                  | Guillermo Umpierrez                                      | Arvind Gupta     |                 |
| 10.45 - 11.20 am | Nutrient manipulation for Obesity, MS and DM:Evidence from Indian studies   |   |                     |                  | Anoop Misra  | Mangesh Tiwaskar |                 |
| 11.20 - 11.55 pm | A practical approach to management of Osteoporosis                          |   |                     |                  | Ambarish Mittal  | Usha Sriram      |                 |
| 11.05 - 12.40 pm | Treatment of type 2 diabetes - a rational approach based on pathophysiology |   |                     |                  | Ralph De Fronzo  |                  |                 |
|                  | <b>SPECIAL SYMPOSIUM</b>  |   |                     |                  | <b>LECTURE SERIES</b>                                    |                  |                 |
| 12.40 - 01.55 pm | <b>WOMEN ARE SPECIAL</b>  |   | Usha Sriram         | 12.40 - 01.10 pm | CANVAS Program-Renal outcomes perspective                | Vijay Panikar    | Anjali Bhatt    |
|                  | Pre conception Care - importance of GDM prevention                          | Guillermo Umpierrez   |                     | 01.10 - 01.30 pm | Non diabetic hypoglycemia                                | Rajiv Chawla     | Dilip Bhoge     |
|                  | Should we have gender sensitive guidelines ?                                | Usha Sriram   |                     | 01.30 - 01.50 pm | Controversies in diabetes                                | Shalini Jaggi    |                 |
|                  | The heart health of sweet"hearts"   | Neeta Deshpande   |                     |                  |  |                  |                 |
|                  | PANEL DISCUSSION  | Lily Rodrigues, Purvi Chawla, Shilpa Joshi, Benny Negalur, Anjana Mohan |                     |                  |  |                  |                 |

PLEASE NOTE: ALL SESSIONS WILL START ON TIME. KINDLY TAKE YOUR SEATS 10 MINS PRIOR TO THE SCHEDULED TIME

**PLEASE NOTE: DELEGATE CASE PRESENTATIONS WILL BE IN RENEW HALL**