

7TH
**INTERNATIONAL DIABETES
EXPERTS CONSORTIUM**

DATES: 30TH JUNE, 1ST & 2ND JULY 2023

VENUE: JW MARRIOTT, PUNE

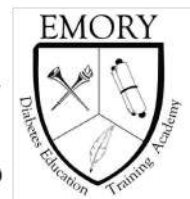
7TH INTERNATIONAL DIABETES EXPERTS CONSORTIUM

DATES: 30TH JUNE, 1ST & 2ND JULY 2023
VENUE: JW MARRIOTT, PUNE

SCIENTIFIC PROGRAM



IDEC
ACADEMIA UNLIMITED



APPLIED FOR
MMC
POINTS

OUR ACADEMIC COLLABORATORS



Department of Diabetes, Obesity & Metabolic Disorders



www.idecpune.com

Welcome MESSAGE

Dear Colleagues,

A warm welcome to the 7th International Diabetes Experts Consortium (IDEC) 2023. IDEC is an academic and scientific platform dedicated to collaborating with healthcare professionals, researchers, educators, and nutritionists to share updated knowledge and experiences in the field of Diabetes and Metabolism.

The IDEC meeting gives you the opportunity to attend masterclasses, symposia, debates and workshops, that cover a spectrum of clinical topics.

At IDEC, we bring you sessions led by the best of experts in the field who will share their research, clinical experience, and insights into the latest trends and best practices in diabetes. We assure you numerous opportunities for networking and learning from your peers. We encourage all attendees to engage with each other throughout the conference.

We are proud to partner with esteemed faculty and colleagues from across the globe. This diversity is a testament to the global impact of diabetes and the need for a collaborative and multidisciplinary approach to its management.

Friends, we hope that this conference will serve as a platform for your thoughts, sharing and learning.

We look forward to seeing you all at IDEC 2023 and work together to improve the lives of people with diabetes.



Dr. Guillermo Umpierrez
Organising Chairperson



Dr. Sanjay Agarwal
Organising Chairperson



Dr. Neeta Deshpande
Scientific Chairperson



Dr. Nitin Kapoor
Jt. Organising Secretary



Dr. Archana Sarda
Organising Secretary



Dr. Anjali Bhatt
Jt. Scientific Chairperson



Ms. Shilpa Joshi
Chairperson Nodal Update

CONFERENCE COORDINATORS



Dr. Neetu Mishra



Dr. Rahul Dhope

INTERNATIONAL FACULTY



Dr. Enrique Caballero
USA



Dr. Kenneth Cusi
USA



Dr. Rodolfo J. Galindo
USA



Dr. Ira Goldberg
USA



Dr. Sundar Mudaliar
USA



Dr. Medha Munshi
USA



Dr. Vanita Rahman
USA



Dr. Peter Rossing
DENMARK



Dr. Guillermo Umpierrez
USA

NATIONAL FACULTY

- A. G. Unnikrishnan
- A. H. Zargar
- Aishwarya Kumbhakoni
- Alpana Sowani
- Ambika Nair
- Ami Sanghvi
- Amit Gupta
- Amit Saraf
- Anagha Palekar
- Anand Deshpande
- Anil Bhoraskar
- Anjali Bhatt
- Anjana Mohan
- Anoop Misra
- Anuj Maheshwari
- Aravind Sosale
- Aravinda Jagadeesha
- Arbinder Singal
- Archana Sarda
- Arti Bhalerao
- Arundhati Dasgupta
- Arvind Gupta
- Banshi Saboo
- Bhakti Samant
- Bharat Saboo
- Brig. J. Muthukrishnan
- Brij Makkar
- C. S. Yajnik
- Chitra Selvan
- Dakshata Padhye
- Eileen Canday
- Fatima R.
- J. Kumar
- Jayashree Paranjape
- K. M. Prasannakumar
- Kalyankumar Gangopadhyay
- Kavita Gupta
- Ketan Pakhale
- Krishna Seshadri
- Leepica Kapoor
- Lotika Purohit
- Madhuri Somani
- Mamata A. H.
- Mangesh Tiwaskar
- Manoj Chawla
- Mansi Patil
- Matthew John
- Meena Chhabra
- Minal Mohit
- Mohan Badgandi
- Naaznin Husein
- Naval Vikram
- Naval Vikram
- Neeta Deshpande
- Niti Desai
- Nitin Kapoor
- Nitin Patankar
- Praveen R.
- Pravin Kalyankar
- Preeti Shukla
- Purabi Mahajan
- Purvi Chawla
- Rachana Kalpekar
- Rajesh Deshmane
- Rajesh Patil
- Rajiv Kovil
- Rakesh Parikh
- Rakesh Sahay
- Richa Shukla
- Rima Desai Rao
- Rita Patil
- Rucha Mehta
- Safala Mahadik
- Sanjay Agarwal
- Sanjay Reddy
- Sarita Bajaj
- Shalini Jaggi
- Sharvil Gadve
- Shashank Joshi
- Shefali Bharadwaj
- Sheryl Salis
- Shifali Mehra
- Shilpa Joshi
- Shilpa Shirole
- Shilpa Varma
- Shilpi Goel
- Shivshankar
- Shradha Vijan
- Shreerang Godbole
- Shreevidya Venkataraman
- Shruti Tapiawala
- Shubhashree Patil
- Sneha Kothari
- Sneha Raje
- Sudha Vasudevan
- Sujoy Ghosh
- Sukhada Bhatte
- Sunil Gupta
- Suresh Damodharan
- Tarun Jeloka
- Tejas Limaye
- Tejas Shah
- Umapathi Hegde
- Usha Sriram
- V. Mohan
- Vaishali Deshmukh
- Varsha Gorey
- Vasant Kumar
- Vijay Negalur
- Vimal Pahuja
- Vinayak Harale
- Zamrud Patel

SCIENTIFIC PROGRAM

FRIDAY, 30TH JUNE, 2023

HARMONY	INSPIRE	SYNERGY
10.00 - 1.00 PM NODAL UPDATE Chairperson: Ms. Shilpa Joshi	10.00 - 1.00 PM WOMEN-SPECIFIC NCDs Masterclass (Pre-conception & Beyond - Protocols & Guidance) Lead: Purvi Chawla	8.15 - 1.00 PM ORAL PAPERS SESSION
10.00 - 11.25 AM IDA SYMPOSIUM		Confidence trial – Subgroup analysis: Abhijit Anil Trailokya
10.00 - 10.15 AM Anti-inflammatory diets - What, When & How?: Ambika Nair	Setting the context: Purvi Chawla	A study of prevalence and prognosis of urinary tract Infections in Type 2 diabetic patients - At tertiary care hospital: Vishal Ambekar
10.15 - 10.30 AM Artificial Sweeteners - Really sweet or bitter?: Niti Desai	PROTOCOL for Pre-conception evaluation: Sreevidya Venkatraman	Possibility of oral glucose tolerance test clearance in type 2 diabetes patients who underwent complete diabetes remission: Surbhi Khatod
10.30 - 10.45 AM Fructose - Friend or Foe?: Anagha Palekar	Pre-conception management of diabetes and obesity and other NCDs: Lotika Purohit	Observational study on Dapagliflozin and Hypertension: Soumyaranjan Mohanty
10.45 - 11.00 AM Nutrition planning around CGM trends: Sneha Raje	Medical Nutrition Therapy In Diabetes During Pregnancy - What works the best?: Rachana Kalpekar	Addisonian crisis - A case report: Vaibhav Rathi
11.00 - 11.25 AM PANEL DISCUSSION: Nutrition at the Menopause - Preventing NCD's Moderator: Shradha Vijan Panelists: Jayashree Paranjape, Safala Mahadik, Shifali Mehra, Sukhada Bhatte	OAD use in pregnancy - Newer concepts: Alpana Sowani	To analyze lipid goals in OPD patients of ASCVD (secondary prevention) in a tertiary care hospital: Mahima Nikalje
THEME SYMPOSIA	PANEL DISCUSSION 1	Assessment of diet diversity among working women in Mumbai and its association with diabetes risk as determined by the Indian Diabetes-risk score (IDRS) - A cross sectional study: Sthuti Choudhary
11.30 - 11.50 AM Role of Millets in Diabetes Care: Sudha Vasudevan	Panelists: Shalini Jaggi, Lotika Purohit, Rachana Kalpekar, Alpana Sowani, Sreevidhya Venkatraman	A case study on autoimmune hepatitis in middle aged female - A rare cause of chronic liver disease in India: Muskaan
11.55 - 1.05 PM SYMPOSIUM: Exercise in Diabetes LEAD: Rucha Mehta	Why Should Women Be Worried About Diabetes: Purvi Chawla	Prevalence of sarcopenia in individuals with type 2 diabetes mellitus aged 40-60 years in Bengaluru: Niyati Tandon
Faculty: J. Kumar, Rucha Mehta, Brig. J. Muthukrishnan	Protocol for NCD Evaluation at Menopause: Meena Chhabra	Cognirehab - The good old exercises and refurbished transcranial direct current stimulation in patients with mild cognitive impairment in type 2 diabetes mellitus (T2DM): Abha Khisty
	The Aging Partners - Osteoporosis & Sarcopenia In Women With Diabetes: Anjali Bhatt	Efficacy and safety of a fixed-dose combination of vildagliptin and pioglitazone in Indian patients with type 2 diabetes mellitus - A randomized, open label, comparative, Phase III study: Neeraj Kumar
	What's New About Women And CVD!: Suresh Damodaran	Ready to cook flour - Acceptability and evaluation for a pre-diabetic, diabetic: Shruti Kejriwal
	PANEL DISCUSSION 2	
	Panelists: Purvi Chawla, Meena Chhabra, Anjali Bhatt, Suresh Damodaran, Pravin Kalyankar	
	SUMMING UP AND TAKE-HOME MESSAGE: Purvi Chawla	

SCIENTIFIC PROGRAM

FRIDAY, 30TH JUNE, 2023

		<p>A cross sectional study on demographics of people with hypertension and usage patterns of anti-hypertensive agents among Indian physicians: Pramod Joshi</p> <p>A clinical trial to evaluate efficacy and safety of Vildagliptin SR + Dapagliflozin in type2 diabetes mellitus: Navya Antony</p> <p>Assessment of quality of life (QOL) across gender among subjects with T2DM using modified diabetes quality of life questionnaire: Anu Mahajan</p> <p>Impact of nutraceuticals in mitigating metabolic syndrome - Perspective of health practitioners: Ruchu Kuthiala</p>
1.00 - 2.00 PM LUNCH		
2.00 - 3.00 PM IAPEN SYMPOSIUM	2.00 - 3.00 PM SPECIAL LECTURE SERIES	2.30 - 3.20 PM SPECIAL LECTURE SERIES
2.00 - 2.30 PM PANEL DISCUSSION: Choice of Nutritional Supplements in Metabolic Diseases in Critical Care	Chairpersons: Abhijeet Joshi, Preeti Gholap	Chairpersons: Supriya Barsode, Faraz Bohri
Moderator: Shilpa Varma Panelists: Richa Shukla, Varsha Gorey, Bhakti Samant, Mansi Patil, Purabi Mahajan	2.00 - 2.30 PM Prescribing and de prescribing in older adults with diabetes - Striking the balance: Medha Munshi	2.30 - 2.50 PM Interchangeable Biosimilar insulin - Translating evidence into clinic practice: Mohan Badgandi
2.30 - 3.00 PM PANEL DISCUSSION: Glycemic Control in Critical Care - Guidelines to Practice	2.30 - 3.00 PM Moving from Diabetes to Metabolic Medicine: Krishna Seshadri	2.50 - 3.00 PM Panel Discussion: Mohan Badgandi, Anjali Bhatt
Moderator: Shilpa Varma Panelists: Eileen Canday, Rita Patil, Shivshankar, Madhuri Somani, Fatima R.	3.00 - 4.00 PM SPECIAL LECTURE SERIES Chairpersons: Veena Purandare, Ashwini Joshi, D. B. Kadam	3.00 - 3.20 PM Modern Sulphonylureas - The Green Swan of OADs: Nitin Kapoor
THEME SYMPOSIA	3.00 - 3.30 PM Current guidelines for vaccination in diabetes: Rajesh Deshmane	3.20 - 4.40 PM INSULIN WORKSHOP
3.00 - 3.30 PM Transition foods towards Vegan Diets (Plant Based Diets) - Key Takeaways: Vanita Rahman	3.30 - 4.00 PM Diabetes and Lung: Sarita Bajaj	3.20 - 3.30 PM Context setting - Need of insulin in type 2 diabetes mellitus: Shreerang Godbole
3.30 - 4.30 PM SYMPOSIUM: DIET IN COMORBIDITIES OF DIABETES LEAD: Shilpa Joshi	4.00 - 5.00 PM SPECIAL LECTURE SERIES Chairpersons: Lotika Purohit, Manisha Deshmukh, Krishna Sheshadri	3.30 - 3.45 PM A pragmatic approach on Insulin Initiation: Anjali Bhatt
Hypoglycemia: Shefali Bharadwaj	4.00 - 4.30 PM Glucose Metabolism - From the Gut to the Tissues: Sundar Mudaliar	3.45 - 4.00 PM Case Based approach on Insulin Titration and Intensification: Vinayak Harale
PCOS: Shilpi Goel	4.30 - 5.00 PM Exogenous factors affecting obesity: Anil Boraskar	4.00 - 4.10 PM Umeed - Addressing the key challenges in insulin therapy: Praveen R.
Hypertension: Preeti Shukla		4.10 - 4.40 PM Demonstration of Insulin injection techniques: Anjali Bhatt, Vinayak Harale
CAD: Kavita Gupta		

SATURDAY, 1ST JULY, 2023

HARMONY

9.30 - 11.00 AM | OBESITY BASICS WORKSHOP BY BAPI

Lead: **Vimal Pahuja**

Assessment of Obesity: **Nitin Patankar**

Duologue on Assessment - Case Based: **Ketan Pakhale, Anjali Bhatt**

Life style management: **Vimal Pahuja**

Duologue on Life style management - Case Based: **Vimal Pahuja, Nitin Patankar**

Medical Management: **Neeta Deshpande**

Duologue on Medical Management - Case Based: **Anjali Bhatt, Rajesh Patil**

INSPIRE

9.30 - 10.30 AM | KEYNOTE ADDRESSES

Chairpersons: **Varsha Jagtap, Suhas Erande**

9.30 - 10.00 AM | Early GDM - What are the clinical implications: **V. Mohan**

10.00 - 10.30 AM | Pancreatic Exocrine Deficiency in Diabetes - "Not a needle in the haystack": **K. M. Prasanna Kumar**

10.30 - 11.40 AM | KEYNOTE ADDRESSES

Chairpersons: **Uma Diwate, Nitin Gadkari**

10.30 - 10.50 AM | Triple Drug Therapy in the management of Type 2 diabetes - When and what to start?: **Shashank Joshi**

10.50 - 11.10 AM | LADA - Approach to a practicing physician: **Kalyan Gangopadhyay**

11.10 - 11.40 AM | SGLT2i and the ketone hypothesis - 2023 update: **Sundar Mudaliar**

SYNERGY

8.15 - 9.30 AM | ORAL PAPERS

Fukugiside from Garcinia Travancorica is a promising lead for non-alcoholic fatty liver disease by activation of PPARA expression and up-regulation of AMPK: **K. G. Raghu**

Sujata Sharma

Comparative study on the prevalence of hepatic fibrosis among Type 2 diabetics with non-diabetic subjects: **P. Anand**

Improvement in anxiety and depression in patients with type 2 diabetes through customized lifestyle intervention:

Pournima Kulkarni

Patient profiling and outcome assessment of Vildagliptin and Dapagliflozin fixed dose combination in patients with type 2 diabetes mellitus - A real-world retrospective study in India: **Sona Warriar**

Assessing the efficacy and safety of fixed dose combination of dapagliflozin and sitagliptin in Indian population - A real-world retrospective study (Real DAPSI): **Priyanka Joshi**

Real-world experience of low dose Glimepiride (0.5 mg) and Metformin (500mg) fixed dose combination in Nepalese type 2 diabetes mellitus patients: **Tripti Sharma**

Clinical significance of circulating Secreted Frizzled-related Protein 5 (SFRP5) and wingless-type MMTV integration site family member 5a (WNT5A) levels in prediabetic patients in a tertiary care centre: **Indrashish Mukherjee**

Lipid-lowering and free radical scavenging activity of methanolic extracts of Ocimum Tenuiflorum and Curcuma Longa on HEPG2 cell line under Glucotoxic and Lipotoxic conditions: **Afreen Ariff Sait**

SATURDAY, 1ST JULY, 2023

HARMONY	INSPIRE	SYNERGY
		<p>10.00 - 10.20 AM EVOLVE OVER HBAIC Chairpersons: Nitin Gade, Ravindra Sethiya</p> <p>10.00 - 10.20 AM Evolve over HbA1c - Spotlight on evogliptin: Shubhashree Patil</p> <p>10.20 - 11.20 AM GLP-1 RA SYMPOSIUM Chairpersons: Nitin Gade, Ravindra Sethiya</p> <p>Treat early, treat better - An upstream approach with oral Semaglutide: A. G. Unnikrishnan</p> <p>Addressing an unholy trinity of T2D, CVD and weight with oral Semaglutide: Archana Sarda</p> <p>A holistic approach for complex real - world cases with oral Semaglutide: Rucha Mehta</p>
<p>11.00 - 12.30 PM SARCOGENIC OBESITY MASTERCLASS LEAD: Nitin Kapoor</p> <p>Assessment of Sarcopenic Obesity: Nitin Kapoor</p> <p>Duologue on Assessment of Sarcopenic Obesity - Case Based: Lotika Purohit, Nitin Kapoor</p> <p>Life style management of Sarcopenic Obesity: Naval Vikram</p> <p>Duologue on life style management of Sarcopenic Obesity - Case Based: Sheryl Salis, Naval Vikram</p> <p>Medical Management of Sarcopenic Obesity: Rucha Mehta</p> <p>Duologue on medical management of Sarcopenic Obesity - Case Based: Chitra Selvan, Rucha Mehta</p>	<p>11.40 - 12.30 PM KEYNOTE ADDRESSES Chairpersons: Aniket Joshi, Nitin Patankar</p> <p>11.40 - 12.00 NOON Comprehensive Management of NAFLD with metabolic co-morbidities - Role of Dual PPAR: Sharvil Gadve</p> <p>12.00 - 12.30 PM Metabolic NCD's - Health Report Card of India: Anjana Mohan</p>	<p>11.20 - 12.20 PM INSULIN SYMPOSIUM Chairpersons: Mukund Pennurkar, Vasudha Sardesai</p> <p>11.20 - 11.40 AM Ultra-long-acting basal insulins - Out with the old, in with the new: Archana Sarda</p> <p>11.40 - 12.15 PM Evidence based use of insulin coformulation - A clinical colloquy: Vaishali Deshmukh, Matthew John</p> <p>12.15 - 12.20 PM Q & A</p>
<p>12.30 - 1.30 PM INAUGURATION AND IDEC MEDAL OF HONOUR</p>		
<p>1.30 - 2.30 PM LUNCH</p>		
<p>2.30 - 4.00 PM LIVER HEALTH & NAFLD MASTERCLASS Lead: Arundhati Dasgupta</p> <p>Faculty: Rakesh Parikh, Chitra Selvan, Arundhati Dasgupta</p>	<p>2.30 - 3.50 PM MIXED BAG SERIES Chairpersons: Ragini Bhake, Harshal Ekatpure</p> <p>2.30 - 3.00 PM Gender specific guidelines in diabetes care... why now?: Usha Sriram</p> <p>3.00 - 3.20 PM Endocrinology of aging - Is there a magic potion?: Mathew John</p> <p>3.20 - 3.50 PM What to Do When Your Patients with Diabetes Have Suboptimal Glycemic Control: Banshi Saboo</p>	<p>2.30 - 4.00 PM INDIAN SOCIETY OF NEPHROLOGY MASTERCLASS ON DIABETIC KIDNEY DISEASE Lead: Shruti Tapiawala</p> <p>2.30 - 2.45 PM Impact of diabetes on kidneys - Early Diagnosis and Prevention: Tarun Jeloka</p> <p>2.45 - 3.00 PM Management & Slowing of Progression: Umapathi Hegde</p> <p>3.00 - 3.15 PM Diets and Supplements in slowing the progression of CKD: Zamrud Patel</p> <p>3.15 - 3.30 PM Treatment Options for ESKD: Shruti Tapiawala</p>

SATURDAY, 1ST JULY, 2023

HARMONY	INSPIRE	SYNERGY
	<p>3.50 - 4.30 PM MIXED BAG SERIES Chairpersons: Sanjay Gandhi, Megha Firodiya</p> <p>3.50 - 4.10 PM Assessing CAN & CV Risk in Diabetes with Tele HRV - A Digital Health Solution: Vaishali Deshmukh</p> <p>4.10 - 4.30 PM ICGM in diabetes with pregnancy - Is it for all?: Sunil Gupta</p>	<p>3.30 – 3.45 PM Pancreas transplant - For whom? Why?: Sneha Kothari</p> <p>3.45 – 4.00 PM Q AND A</p> <p>4.00 - 4.30 PM PANEL DISCUSSION - MEAL FREQUENCY PATTERNS IN METABOLIC DISORDERS</p> <p>Moderator: Leepica Kapoor Panelists: Mamta A. H., Nitin Patankar, Banshi Saboo</p>
<p>4.10 - 5.10 PM DIABETES "PLUS" SYMPOSIUM Chairpersons: Jitendra Ingole, Amit Walimbe</p>	<p>4.30 - 5.30 PM SYMPOSIUM - CONTRASTING DIETARY TRENDS Chairpersons: Shilpa Joshi, Anjali Bhatt</p>	<p>4.30 - 5.00 PM DEBATE - REMISSION OF DIABETES IS A LONG-TERM POSSIBILITY Moderator: Vasanth Kumar Yes: Brij Makkar No: Kalyankumar Gangopadhyay</p>
<p>4.10 - 4.30 PM Thyroid disease: A. G. Unnikrishnan</p> <p>4.30 - 4.50 PM Bone Health Disorders: Minal Mohit</p> <p>4.50 - 5.10 PM Cancer: Purvi Chawla</p>	<p>4.30 - 5.00 PM Metabolic impact of Vegan Diets (Plant Based Diets): Vanita Rahman</p> <p>5.00 - 5.30 PM Therapeutic Ketosis - From Concept to Practice: Sundar Mudaliar</p>	
<p>5.10 - 6.40 PM INTERNATIONAL SPEAKERS SYMPOSIUM Chairpersons: A. L. Kakrani, Mohan Magdum</p>	<p>5.30 - 7.00 PM SPECIAL LECTURE SERIES Chairpersons: Chandrakant Rao, Ravindra Kiwalkar</p>	<p>5.00 - 6.00 PM SPECIAL LECTURE SERIES Chairpersons: Pratibha Phadke, Harshada Kudalkar</p>
<p>5.10 - 5.40 PM Subgroups of diabetes in Indians, Pune contribution: C. S. Yajnik</p> <p>5.40 - 6.10 PM Use of technology in inpatient management: Guillermo Umpierrez</p> <p>6.10 - 6.40 PM Beyond glycemic control - Promoting weight loss using glucose lowering medications: Rodolfo J. Galindo</p>	<p>5.30 - 6.00 PM Management of Obesity in the Elderly: Medha Munshi</p> <p>6.00 - 6.30 PM Lessons Learned - 20 Years of Clinical Experience with Basal Insulin: Mohan Badgandi</p> <p>6.30 - 7.00 PM Diabetes and Heart Failure - Current understanding and management: Rakesh Sahay</p>	<p>5.00 - 5.20 PM The transition from Diabetes Care to Metabolic Care: Chitra Selvan</p> <p>5.20 - 5.40 PM A Deep Dive into Hidden and Clinical Gems of Vildagliptin in T2DM: Manoj Chawla</p> <p>5.40 - 6.00 PM Clinical approach to manage Glycemic Variability with Nutritional Intervention: Vasanth Kumar</p>
<p>6.45 - 7.15 PM DEBATE Should Metformin still be the first drug in Type 2 Diabetes treatment? Yes: Dakshata Padhye No: Minal Mohit Balanced view: Arvind Gupta</p>		<p>6.00 - 7.00 PM SPECIAL LECTURE SERIES Chairpersons: Shishir Joshi, Nachiket Mahindarkar</p> <p>6.00 - 6.20 PM Experience the Evidence Based & CV Safe DPP4 Inhibitor, Alogliptin: Sanjay Agarwal</p> <p>6.20 - 6.40 PM "Imeglimin"- A Novel approach in Type-2 Diabetes Management: Neeta Deshpande</p> <p>6.40 - 7.00 PM Technology led Behavior change for diabetes and weight loss - Clinical practice algorithm: Arbinder Singal</p>

SUNDAY, 2ND JULY, 2023

HARMONY

9.30 - 11.10 AM | SPECIAL LECTURE SERIES

Chairpersons: **Pushkar Khair, Abhay Mane**

9.30 - 9.50 AM | Recent Advances in the Assessment and Management of PCOS: **Arvind Gupta**

9.50 - 10.10 AM | Intermittent fasting, TRE, continuous caloric restriction - comparative analysis: **Ami Sanghvi**

10.10 - 10.30 AM | Is diabetes really a cardiovascular risk equivalent?: **Amit Saraf**

10.30 - 10.50 AM | Biomarkers of Gestational Diabetes Mellitus - Prevention of Disease Progression and Future Type 2 Diabetes: **Mangesh Tiwaskar**

10.50 - 11.10 AM | Artificial intelligence in diabetes and metabolic disorders: **Bharat Saboo**

11.10 - 12.50 PM | SPECIAL LECTURE SERIES

Chairpersons: **Rahul Dhope, Neetu Mishra**

11.10 - 11.30 AM | Pre-loading - A new concept in Nutritional Management of Glycemia: **Anoop Misra**

11.30 - 11.50 AM | Painful Diabetic Neuropathy: What are the best approaches?: **Tejas Shah**

11.50 - 12.10 PM | Exogenous factors affecting obesity: **Anil Bhoraskar**

12.30 - 12.50 PM | Microbiome in obesity: Does it really play a role?: **Naval Vikram**

12.55 - 1.40 PM | TECHNO TRIBATE - SMBG, CGM, HbA1c (12X3+9 mins)

Moderator: **Vijay Negalur**

Speakers: **Mangesh Tiwaskar, Bharat Saboo, Kalyan Gangopadhyay**

1.40 - 2.00 PM | The ChatGPT algorithm - How does it work?: **Anand Deshpande**

INSPIRE

9.30 - 10.20 AM | CV RISK ASSESSMENT & LIPIDOLOGY SYMPOSIUM

Chairpersons: **Kapil Borawake, Natasha Nigam**

9.30 - 10.00 AM | Beyond the statin - additional cholesterol medications for lipid management: **Ira Goldberg**

10.00 - 10.20 AM | CV risk assessment - What works best for Indians: **S. R. Aravind**

10.25 - 11.10 AM | CV RISK ASSESSMENT & LIPIDOLOGY SYMPOSIUM

Chairperson: **Hemant Manjarekar**

10.25 - 10.45 AM | Statins and Type 2 DM: **Vijay Negalur**

10.50 - 11.10 AM | Management of individuals with Diabetes at high risk of Hypoglycemia: **Sanjay Reddy**

11.15 - 12.00 PM | CV RISK ASSESSMENT & LIPIDOLOGY SYMPOSIUM

Chairpersons: **Reema Tandale, Sarita Kulkarni**

11.15 - 11.35 AM | Statins and Type 1 DM: **Sujoy Ghosh**

11.40 - 12.00 PM | Residual Cardiovascular risk in diabetes and possible solutions: **Rajiv Kovil**

12.00 - 2.00 PM | REMISSION OF DIABETES MASTERCLASS

Lead: **A. G. Unnikrishnan**

Faculty: **Neeta Deshpande, Vanita Rahman, Nitin Patankar, Shilpa Joshi**

SYNERGY

9.30 - 11.10 AM | SPECIAL LECTURE SERIES

Chairpersons: **Dileep Mane, Satyanand Kadloor**

9.30 - 10.00 AM | Inpatient management of hyperglycemia - What do the guidelines tell us?: **Amit Gupta**

10.00 - 10.30 AM | Individualizing glycemic goals and choosing medication based on patient characteristics: **Enrique Caballero**

10.30 - 10.50 AM | Flexibility of basal intensification: **Sujay Ghosh**

10.50 - 11.10 AM | Moving forward - Gaining a wider outlook of diabetes management with Gen 2.0 basal insulin: **Shashank Joshi**

11.10 - 12.10 PM | SYMPOSIUM: DRUG THERAPY IN NAFLD AND CARDIO-PROTECTION - FOCUS ON PIOGLITAZONE

Chairperson: **Yogesh Kadam**

Pioglitazone as a Cost-effective Cardio-protective Insulin Sensitizer: **A. H. Zargar**

NAFLD/NASH - Recent development in diagnosis and management: **Kenneth Cusi**

12.10 - 1.10 PM | MIXED BAG SERIES

Chairpersons: **Amol Hatalkar, Ami Sanghvi**

12.10 - 12.30 PM | ADA and KDIGO guidelines for renal protection and treatment for patients with diabetes: **Peter Rossing**

12.30 - 12.50 PM | Hypertension in Diabetes - What is different?: **Anuj Maheshwari**

12.50 - 1.10 PM | Glucose variability - What is the evidence for harm?: **Aravinda Jagadeesha**

2.00 - 3.00 pm | VALEDICTORY & LUNCH

WORKSHOPS

FRIDAY, 30TH JUNE 2023

5.00 - 7.00 PM	CARB COUNTING Workshop Hall 1 Faculty: Shilpa Joshi, Sheryl Salis, Aishwarya Kumbhakoni, Tejas Limaye Understanding Carb Counting - Basic and advanced: Shilpa Joshi, Mumbai Decoding Basic and Advance carb counting - Patient based approach: Aishwarya Kumbhakoni, Mumbai Dealing with special situation with carb counting: Tejas Limaye, Pune Insulin Pump and Carb counting - Real world data: Sheryl Salis, Mumbai
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SATURDAY, 1ST JULY 2023

8.00 - 9.30 AM	BODY COMPOSITION Workshop Hall 1 Faculty: Nitin Kapoor, Nitin Patankar
8.00 - 9.30 AM	TYPE 1 DIABETES Workshop Hall 2 Faculty: Archana Sarda, K. M. Prasanna Kumar, Banshi Saboo
5.00 - 7.00 PM	NUTRITION ASSESSMENT METHODOLOGY Workshop Hall 1 Faculty: Shilpa Joshi, Rima Desai Rao, Naaznin Hussain, Aarti Bhalerao Co-ordinator: Shilpa Joshi Nutritional Assessment - Why is it important?: Rima Desai Rao, Rajkot Diet Recall - Tips and Tricks for OPD / Clinics: Naaznin Husein, Mumbai Nutritional Risk Assessment scores in critically ill patients: Arti Bhalerao, Pune Discussion: Rima Desai Rao, Naaznin Husein, Arti Bhalerao, Shilpa Joshi
5.00 - 7.00 PM	CGM STEP-BY-STEP Workshop Hall 2 Faculty: Manoj Chawla, Bharat Saboo



REGISTRATION PACKAGES

NON-RESIDENTIAL REGISTRATION CHARGES

CATEGORY	FROM 1 ST JUNE TO 29 TH JUNE 2023	Late & Spot
Delegate	Rs. 10,000 + 18% GST	Rs. 11,000 + 18% GST
PG Student	Rs. 2,000 + 18% GST	Rs. 2,000 + 18% GST
Accompanying Person	Rs. 8,000 + 18% GST	Rs. 9,000 + 18% GST
Defense Personnel	Complimentary	Complimentary
Government Professor	Rs 2,500 + 18% GST	Rs 3,500 + 18% GST
Private Professor	Rs 4,500 + 18% GST	Rs 5,500 + 18% GST

* PG Student: HOD Certificate Mandatory for registration

* Defence Personnel, Government Professors & Private Org Professors: Valid Photo Id Mandatory for registration

Non-Residential Registration Package Includes:

Conference Registration Fees + Conference Lunches 1st & 2nd July 2023 + Dinner on 1st July 2023 + Applicable GST charges + Conference Kit + Entry to Trade Area

RESIDENTIAL REGISTRATION CHARGES 2 NIGHTS / 3 DAYS

Check-in: Friday 30th June 2023 | Check-Out Sunday 2nd July 2023

CATEGORY	FROM 1 ST JUNE TO 29 TH JUNE 2023	Late & Spot
Twin Sharing	Rs. 24,000 + 18% GST	Rs. 25,000 + 18% GST
Single Occupancy	Rs. 29,000 + 18% GST	Rs. 30,000 + 18% GST
Delegate + 1 AP	Rs. 37,000 + 18% GST	Rs. 38,000 + 18% GST

Registration Package Includes:

Room at Hotel JW Marriott, Pune 30th June 2023 | Check-Out 2nd July 2023 + Conference Registration Fees + Conference Lunches 1st & 2nd July 2023 + Dinner on 1st July 2023 + Applicable GST charges + Conference Kit + Entry to Trade Area

[CLICK HERE TO REGISTER
FOR THE MEETING](#)

CONFERENCE SECRETARIAT



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